

Malar is fascinated by the discovery of the complex self in a simple way. So, every day she aspires to share and turn her simple thoughts, ways and beliefs about emotional intelligence into practical applications for individuals to live a more meaningful and fulfilled life. She has been delivering training experiences at all levels for the last 20 years across numerous industries. Malar's passion in the area of human behaviour and values has allowed her to spawn positive change in individuals comfortably with the intervention of emotional intelligence, her area of specialisation. Her approach to delivering training experience is to undertake thorough insights from both employer and employee to then, take their challenges and to drive their passion in their willingness to make a difference on a daily basis. Malar Villi aspires to bring about awareness in whole-being wellness that can bridge one's personal and professional life .

Malar holds a Masters in Training and Human Resources Development, USA; is a graduate of the Institute of Chartered Secretarial and Administrators; a Certified Personality Plus Trainer, CLASSSERVICES, USA; and a Certified trainer and coach for Emotional Intelligence, Six Seconds, USA, besides being a NLP Practitioner. In the last two years, she uses her skills in drum circle facilitation and use of theatre skills as part of her design and delivery of her custom designed programs.

Malar has carried out work for a large range of clients in Malaysia, spanning the banking, oil and gas, telecommunications, education and retail industries.

Partial list of clients she has partnered with.

## BACK GROUND

**Country Partner for flowprofiler®  
Malaysia, India & Indonesia**

Gestalt Certified Associate (GCA)  
Certified Interpreter flowprofiler®  
Certified Trainer motivationflow®  
Certified Trainer resilienceflow®  
Certified EQ Trainer , Six Seconds  
Certified EQ Coach, Six Seconds  
Certified Personal Plus Trainer  
Practitioner Applied Neuroscience for People Development  
NLP Practitioner  
Clean Language - Core Facilitation Skills  
Drum Circle Facilitator  
Debate Theatre  
Transforming Trainers People Potential  
Masters in Training & HRD , Newport University (US)  
ICSA (MAICSA)

## EXPERTISE

EMOTIONAL INTELLIGENCE | CULTURE CHANGE | CUSTOMER  
EXPERIENCE | LEADERSHIP | WELL BEING | PERSONALITY  
PLUS | TEAMS | PURPOSE | MOTIVATION | HAPPINESS |  
NEUROSCIENCE | OPTIMAL PERFORMANCE | RESILIENCE |  
TEAM

CIMB | AFFIN BANK | UNIVERSITY ISLAM | TAYLOR'S  
UNIVERSITY | SUNWAY UNIVERSITY | MULTIMEDIA  
UNIVERSITY | UNIVERSITI MALAYA | T SYSTEMS | DELL |  
SYNTHOMER | MCIS | ZURICH | ALLIANZ | UNIVERSITI ISLAM |  
SYMPHONY | TUPPERWARE | AVERIS | ASTRO | SINGTEL |  
MAXIS | CELCOM | RITZ CARLTON | AIR ASIA | BOEHRINGRE  
INGELHEIM | AMWAY | ASSUNTA | RHR | AMBANK | AMBANK  
ASSURANCE | MSD | IOI | WESTIN

## VOLUNTARY

INTI | INTERNATIONAL MEDICAL UNIVERSITY | MALAYSIAN  
HINDU SANGAM | FONDACIO | SOROPTOMIST | SALT |  
SOUTHERN DIOCESE | UCSI | MONASH | UNITAR | OWSD-MNC

# MALAR VILLI



Managing Director | Founder |  
Presenter | Coach | Facilitator  
Emotional Intelligence for  
Optimal Life

**hearts&minds**  
FOR WORK AND LIFE

## ABOUT ME

I am an emotional enthusiast and I aspire to use my skills in empowering individuals to reach to the hero within and be their authentic best version in life. It is my life mission to empower individuals to live a wholesome life .

## CONTACT INFORMATION



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